

Mountain Bike Kahuku

National Park Service
U.S. Department of the Interior

Hawai'i Volcanoes National Park
Hawai'i



Hawai'i Volcanoes National Park invites experienced mountain bikers with the right technical skills and equipment to join in the first exploratory ride of Kahuku, the park's newly acquired land in Ka'ū.

Saturday, August 26, 2006

9:00 am to 3:00 pm

Kahuku Unit, Ka'ū

(entrance to Kahuku Unit is on mauka side of Highway-11 between mile markers 70 and 71)

HELMETS AND MOUNTAIN BIKES ARE REQUIRED!

A full-suspension mountain bike is recommended.

The 15-mile Intermediate Course includes a 6-mile, 2000' climb on a dirt and gravel road and two double-track loops that veer off the main road. The top loop at 4000' is 3.8 miles. The lower loop at 2700' is 1.7 miles.

THE RULE OF THE RIDE IS "BE SAFE!" Riders should be able to maintain control at all times while riding over loose gravel, slick grass with lava rock hazards, steep rock-strewn stretches, cattle grates, and ruts.

Bring eye protection, raingear, sunscreen, repair and puncture kit, pump, first aid, food, and lots of water.

To prevent the introduction of non-native plants and insects into the park, riders must thoroughly clean their bikes, equipment, packs, shoes, and clothes before this ride. No dogs, no smoking.

The ride is cosponsored by the Friends of Hawai'i Volcanoes National Park and IMBA (International Mountain Biking Association). Nat and Rachael Lopes of IMBA's famed Subaru/IMBA Trail Care Crews will join the ride. They've traveled throughout North America for the past 3 years teaching trailbuilding schools and have ridden in practically every state. This will be their first time riding in Hawai'i.

For more information, call Park Ranger Mardie Lane at 985-6018.



Chief Interpreter Jim Gale surveys Kahuku bike route.

Photo by Jon Makaike